

Phrasal Verbs in the Kitchen

The Phrasal Verb	The Meaning	An example (Simple Past Tense)	Separable/ Inseparable
bake off	To finish baking partly baked food.	She baked off the bread in the oven.	S
boil away	To cause liquid to evaporate completely by boiling	She forgot to switch off the cooker and all the water boiled away.	S
boil down	To boil a liquid down to a thick sauce	The sauce was too thin and needed to be boiled down.	S
boil over	To cause liquid to overflow whilst boiling	She forgot to turn down the heat and all the water boiled over the pan.	S
chop up	To cut into pieces, usually with several sharp blows	She chopped the onion up into small cubes.	S
Cook up	To prepare a meal (also to lie or come up with a plan)	I bought some sausages today; why don't you cook them up.	S
cut off	To remove by cutting	He cut all the fat off.	S
cut out	To shape or form by cutting	He cut several pieces of pastry out.	S
cut up	To cut into pieces using a sharp knife	He cut the pie up into equal slices.	S
eat in	To have a meal at home	We decided to get take out and eat in tonight.	I
eat out	To eat away from home, usually in a restaurant	They ate out twice last week at local restaurants.	I
eat up	To eat until everything is finished	She ate everything up.	S
fry up	The act of frying a meal, especially breakfast	He always fried up a good breakfast in the morning.	I
peel off	To remove the skin/rind/outer covering of fruit/vegetables etc.	She peeled the skin off the apples for the fruit salad.	S
slice off	To divide or cut something from a larger piece	He sliced the meat off the bone.	S

The Verb (infinitive form)	The Meaning	An example (Simple Past Tense)	Regular /Irregular
To bake	To cook by dry heat in an oven or similar.	He baked the pie.	Regular
To boil	To cook something in very hot water.	She boiled the rice.	Regular
To chop	To cut something into pieces.	She chopped an onion.	Regular
To cook	To prepare food for eating by the use of heat.	He cooked her dinner.	Regular
To cut	To divide food with a sharp instrument.	He cut into the roast.	Irregular
To dice	To cut something into cubes.	He diced the potato.	Regular
To eat	The complete action of putting food in the mouth and then biting, chewing and swallowing it.	She ate her dinner.	Irregular
To farm	To carry out agricultural work (growing crops/rearing animals) as a way of life.	Rarely used in conversation.	Regular
To feed	To provide food for eating.	She fed the cat.	Irregular
To fry	To cook food in fat/oil over a direct heat.	He fried the bacon.	Regular
To grow	To produce plants by controlling or encouraging their growth.	She grew all her own vegetables.	Irregular
To peel	To remove the skin/rind/outer covering of fruit/vegetables etc.	She peeled the grapes for the fruit salad.	Regular
To prepare	To make food ready in advance of eating or cooking it.	He prepared all the ingredients.	Regular
To skin	To remove the outer covering from fruit/meat/fish etc.	She skinned the fish.	Regular
To slice	To divide or cut something into slivers.	He sliced the apple.	Regular